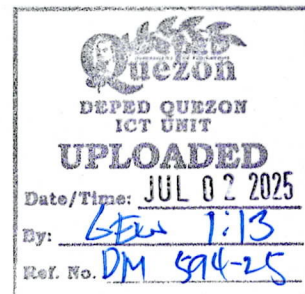




Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



27 June 2025

DIVISION MEMORANDUM
DM No. 594, s. 2025

**BASIC LIFE SUPPORT COURSE: AN ORIENTATION ON HANDS-ONLY CPR WITH
RETURN DEMONSTRATION FOR SCHOOL PERSONNEL FOR THE 2025
EXPANSION OF HEALTHY LEARNING INSTITUTIONS (HLI) IN
QUEZON PROVINCE**

To: Assistant Schools Division Superintendents
Division Chiefs
Public Schools District Supervisors
Elementary & Secondary School Heads
School Health Personnel
All Others Concerned

1. In reference to **DM No.118, s. 2024**, titled **Participation in the Collaborative Meeting for the 2024 Implementation of Healthy Learning Institutions (HLI)**, this Office, through the School Governance and Operations Division - School Health Section, announces the participation of school personnel in the upcoming Basic Life Support: An Orientation on Hands-Only CPR with return Demonstration to be conducted by the Department of Health- Center for Health Development CaLaBaRZon (DOH CHD 4A) and Health Education and Promotion Unit (HEPU) on July 2 - 4, 2025, from 8:00 AM to 5:00 PM at Nawawalang Paraiso Resort and Hotel, Brgy. Camaysa, Tayabas, City.
2. This activity aims to assist thirty (30) Last Mile Elementary Schools (LMES) in addressing key gaps identified through the Self-Appraisal Checklist developed and issued by the Central Office of the Department of Education (DepEd) and the Department of Health (DOH). One of the identified gaps is the lack of training in Basic Life Support (BLS) for school personnel. Through this course, participants will be equipped with the BLS interventions within their school communities, contributing to the effective delivery of the Oplan Kalusugan sa DepEd – Healthy Learning Institutions (OKD-HLI) program. The workshop will also include activities on issue identification

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(042) 784-0391, (042) 784-0321



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and prioritization, stakeholder mapping, and the development of school work plans aligned with Local Government Unit (LGU) priorities.

3. See attached enclosure for the list of participants.
4. All participants are requested to complete the online attendance form on or before June 30, 2025, through this link: bit.ly/Workshop2025SchoolLevel.
5. Please contact Ms. Vivien Sayat, Focal person for HLI at **09182291508** for any other queries/concerns.
6. Attached is the Program of Activities for your perusal.
7. Travel and incidental expenses shall be charged against the MOOE, local funds, or other available sources of funds, subject to availability and in accordance with existing accounting and auditing rules and regulations.
8. Immediate dissemination and strict compliance with this Memorandum is desired.


ROMMEL O. BAUTISTA, CESO V
Schools Division Superintendent 

SGOD-SHSVDS/06/27/2025

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Enclosure to DM No. 594, s. 2025

LIST OF PARTICIPANTS

NO	FULL NAME	DESIGNATION / POSITION	SCHOOL NAME	DISTRICT
1	Jermey D. Ancajas Jy	Administrative Officer II	Pitogo Central School I	Pitogo
2	Princess Marie Joy R. Dela Carzada	Administrative Officer II	San Marcelino Elementary School	General Nakar
3	Gayzel O. Vallester	Administrative Officer II	Rizal Elementary School	Panukulan
4	Jimboy R Capatoy	Administrative officer II	Guinaygay Elementary School	Patnanungan
5	Renzo A. Consulta	Administrative Officer II	Katakian Elementary School	Patnanungan
6	Arjay S. Reyes	Administrative Officer II	Mahinta Elementary School	Tagkawayan
7	Nica Shyra A. Torres	Administrative Support Staff	Veronica Elementary School	Lopez
8	Maria Lyn Ashlie S. Lesigues	AO II	Pangotloan Elementary School	General Nakar I
9	Janelle De La Cruz	AO II	Anusan Elementary School	Catanauan
10	Leane I. Dionisio	AO-II	Sablang Elementary School	General Nakar, Quezon
11	Deogenes D Urgelles	Head Teacher	Cagbalete 1 Elementary school	Mauban Quezon
12	Marcial A. Quiñones	Head Teacher 1	Nangka Elementary School	San Narciso, Quezon
13	Melanie C. Potes	Head Teacher 2	Matangcap Elementary School	Panukulan
14	Maria Alona A. Ayuma	Head Teacher I	Kilogan ES	Patnanungan
15	Maroon R. Romano	Head Teacher I	Bolo Elementary School	Catanauan
16	Czariza Mariel M. Ayala	Head Teacher I	Pinaninding Elementary School	Padre Burgos
17	Jocelyn S. Atilano	Head Teacher i	Lipata Elementary School	Padre Burgos
18	Mildred A. Tapado	Head Teacher III	Bukal Elementary School	Jomalig
19	Cristina G. De Jesus	Head teacher	Sinintan Elementary School	Patnanungan

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20	Shiela May Gonzales	HT	Yugno Elementary School	San Andres
21	Mae Punay Pacardo	HT	Segaras Elementary School	San Andres
22	Cindy S. Cuanan	Learning Facilitator	Cagbalete I. Elementary School	Mauban, Quezon Province, R4A
23	Leonora T. Mopera	OIC HT/ PSDS	Macnit Elementary School	Polillo
24	Frederick Alba	Principal I	Amontay Elementary School	Pitogo
25	Jorge A. Quizana	School Head/ Teacher-In-Charge	Pakiing Elementary School	Mulanay
26	Wenston E. Gujilde	Teacher in Charge	Pamatdan Elementary School	Polillo
27	Allan A. Castro	Teacher in Charge	Villaespina Elementary School	Lopez
28	Victorina P Satarain	Teacher In Charge/ Teacher II	Villa Paz Elementary School	Padre Burgos
29	Niño R. Del Martinez	Teacher Aide	Bagumbungan Elem. School	Pagbilao, Quezon
30	Lionarda R. Peña	School Head/ Teacher-In-Charge	Munting Parang ES	Tagkawayan
31	Evangeline Dalawampo	School Head	Concepcion Banahaw Elementary School	Sariaya, Quezon
32	Ralph Medallada	Teacher in Charge	Pelion Elementary School	Polillo Quezon
33	Arlene O. Capellan	School Head	Sta. Catalina Elementary School	Lopez
34	Leah V. Gagaion	School Head	Butanguiad Elementary School	San Francisco, Quezon
35	Marjouriebeth I. Uñada	Head Teacher III	San Isidro Elementary School	San Narciso
36	Albert P. Mercado	Principal I	Maguiting Elementary School	San Narciso, Quezon
37	Lycan S. Bagui	COS	Maguibuay Elementary School	Tagkawayan
38	Myleine C. Verano	Teacher-in-charge	San Isidro Ibaba ES	Buenavista
39	Carina C. Abandia	Principal I	Masalukot V ES	Candelaria

Nothing follows

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Republic of the Philippines
Department of Health
CENTER FOR HEALTH DEVELOPMENT - CALABARZON
QMMC Cmpd., Project 4, Quezon City
Trunkline (02)-8249-2000
Email Address: chd4a_doh_calabarzon@ro4a.doh.gov.ph



June 24, 2025

DR. ROMMEL C. BAUTISTA, CESO V
Schools Division Superintendent
Schools Division Office Quezon
Sitio Fori, Brgy. Talipan, Pagbilao, Quezon

Dear Dr. **Bautista**:

The Department of Health - Center for Health Development Calabarzon (DOH CHD 4A) Health Education and Promotion Unit (HEPU) will conduct the **Basic Life Support Course: An Orientation on Hands-Only CPR with Return Demonstration for School Personnel for the 2025 Expansion of Healthy Learning Institutions (HLI) in Quezon Province**. This activity aims to assist thirty (30) Last Mile Elementary Schools (LMES) in addressing key gaps identified through the **Self-Appraisal Checklist** developed and issued by the Central Office of the Department of Education (DepEd) and the Department of Health (DOH), as one of the identified gaps is the lack of training in Basic Life Support (BLS) for school personnel.

Through this course, participants will be equipped with the BLS interventions within their school communities, contributing to the effective delivery of the **Oplan Kalusugan sa DepEd – Healthy Learning Institutions (OKD-HLI) program**. The workshop will also include activities on issue identification and prioritization, stakeholder mapping, and the development of school work plans aligned with Local Government Unit (LGU) priorities.

In this regard, the following personnel are requested to participate in the said activity on **July 02 – July 04, 2025, from 8:00 AM to 5:00 PM at Nawawalang Paraiso Resort and Hotel, Brgy. Camaysa, Tayabas, City**:

- | | | |
|---------------------------------------|---|--------------------------------------|
| 1. Jeric D. Aranas | - | Masalukot IV Elementary School |
| 2. Melanie C. Potes | - | Matangcap Elementary School |
| 3. Nollan C. Lachica | - | Bagumbungan Elem. School |
| 4. Leane I. Dionisio | - | Sablang Elementary School |
| 5. Maroon R. Romano | - | Bolo Elementary School |
| 6. Jhon Raven M. De Guzman | - | Masalukot V Elementary School |
| 7. Gayzel O. Vallester | - | Rizal Elementary School |
| 8. Princess Marie Joy R. Dela Carzada | - | San Marcelino Elementary School |
| 9. Florelyn S. Borbe | - | Sta.Catalina Elementary School |
| 10. Allan A. Castro | - | Villaespina Elementary School |
| 11. Victorina P. Satarain | - | Villapaz Elementary School |
| 12. Kim Vhendel L. Villamiel | - | San Isidro Elementary School |
| 13. Jimboy R Capatoy | - | Guinaygay Elementary School |
| 14. Marvin S. Briones | - | Concepcion Banahaw Elementary School |
| 15. Renzo A. Consulta | - | Katakian Elementary School |
| 16. Czariza Mariel M. Ayala | - | Pinaninding Elementary School |
| 17. Ramoncito R. Orivida | - | Anusan Elementary School |
| 18. Jocelyn S. Atilano | - | Lipata Elementary School |
| 19. Mary Rose S. Porlas | - | Pangotloan Elementary School |



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20. Janine Elizabeth S. Permejo	-	Maguiting Elementary School
21. Ryan T. Dela Rosa	-	Binahian A Elementary School
22. Shiela Mae E. Nava	-	Cagbalete I Elementary School
23. Jillian P. Fortunado	-	Mabagkoy Elementary School
24. Lizanell C. Santullo	-	Palasan Elementary School
25. Jorge A. Quizana	-	Pakiing Elementary School
26. Raquel F. Manlangit	-	Patnanungan Norte Elementary School
27. Junvet M. Navarro	-	Butanguiad Elementary School
28. Lavinia R. Cueto	-	Lutucan Central School
29. Romnick D. Calingasan	-	Pelion Elementary School
30. Mac P. Pacardo	-	Segaras Elementary School
31. Jovelle M. Sagion	-	Macnit Elementary School
32. Shiela May M. Gonzales	-	Yugno Elementary School
33. Cristina T. Quiñones	-	Nangka Elementary School
34. Myline C. Verano	-	San Isidro Ibaba Elementary School
35. Edward S. Alzaga	-	Munting Parang Elementary School
36. Arjay S. Reyes	-	Mahinta Elementary School
37. Mary Ann A. Balani	-	Maguibuay Elementary School
38. Gerald T. Ortigosa	-	Mangero Elementary School
39. Nica Shyra A. Torres	-	Veronica Elementary School
40. Maria Alona Ayuma	-	Kilogan Elementary School

Before these workshops, we request that the participants complete this attendance form **on or before June 30, 2025**, through this link: bit.ly/Workshop2025SchoolLevel

Please contact **Ms. Hazel B. Santos** at 09614151989 or email us at healthpromo4a@gmail.com with any other queries/concerns. We thank you in advance and look forward to a favorable response.

Respectfully,


ARIEL I. VALENCIA, MD, MPH, CESO III
Assistant Secretary of Health

Basic Life Support Providers Course
 July 2-4, 2025
Nawawalang Paraiso Resort and Hotel
Tayabas City, Quezon

PROGRAM OF ACTIVITIES		
TIME	ACTIVITY	RESPONSIBLE PERSON/OFFICE
DAY 0 July 02, 2025		
8:00 AM- 12:00 NN	Travel time of Participants and Facilitators	Health Education and Promotion DOH-CHD4A
2:00 PM	Check-in	Health Education and Promotion DOH-CHD4A
4:00 PM onwards	Facilitator's Meeting/ Set-up	
DAY 1 July 03, 2025		
7:30 AM- 8:00 AM	REGISTRATION/ CALL TIME	Maica Jane A. Abellar HPO I/ CHD4A
8:00 AM- 8:05 AM	Invocation	Hazel B. Santos HPO I/ CHD4A
8:05 AM- 8:20 AM	Welcome Remarks	Angelica Faith Bumagat ADAS II/ CHD4A
	<ul style="list-style-type: none"> - Introduction of participants - Sharing of expectations (training/ facilitators/co-participants) - Introduction of facilitators 	Hazel B. Santos HPO I/ CHD4A
8:20 AM- 8:40 AM	Pre-test	DOH Facilitators
8:40 AM- 9:00 AM	Course Overview	Ms. Aubrey C. Averro, RN Nurse II/ CHD4A RDRRM-H
09:00 AM- 09:30 AM	Principles of Emergency Care	Ms. Dayang S. Hussayna K. Idjirani, RN Nurse III/ CHD4A Head, RPNRU
09:30 AM- 09:55 AM	Introduction to Basic Life Support	Mr. Jerald R. Villegas, RN Nurse QPHN-Quezon Medical Center
09:55 AM- 10:05 AM	BREAK	
10:05 AM-11:00 AM	Cardiopulmonary Resuscitation (CPR) Part 1: <i>CPR Sequence; High-Quality CPR component</i>	Chris Anthony E. Badana, LCB, EMT-B HPO I/ CHD4A RDRRM-H
11:00 AM- 12:00 NN	Continuation of Lecture for CPR Part 2 <i>OHCA, IHCA Algorithm; Recovery Position</i>	Mr. Genrick James R. Gatdula, RN Nurse I/ CHD4A RDRRM-H
12:00 NN- 01:00 PM	LUNCH	
1:00 PM- 1:30 PM	<i>Ice Breaker</i> Automated External Defibrillator (AED)	Mr. Apolonio D. Magsino II, MD Medical Officer IV Batangas Medical Center
1:30 PM- 1:50 PM	Rescue Breathing due to Respiratory Arrest	JESSEL A. PAJARILLON, RN Nurse II/ CHD4A RPNRU

1:50 PM- 2:15 PM	Foreign Body Airway Obstruction (FBAO) Management FBAO ALGORITHMS (ADULT and INFANT)	Ma. Eloisa A. Alcantara, RN Nurse I/ Ma. Eleazar General Hospital Mr. Vencent E. Bron Admin Aide VI/ CHD4A RDRRM-H
2:15 PM- 3:00 PM	Demonstration of Adult and Infant FBAO and RB, Adult and Infant OHCA, Simulation of AED and Proper Recovery position	DOH Facilitators
3:00 PM- 3:10 PM	BREAK	
3:10 PM- 5:00 PM	Open Forum PRACTICE SESSION PER GROUP	DOH Facilitators and Participants
DAY 2 July 04, 2025		
7:30 AM- 8:00 AM	REGISTRATION/ CALL TIME	
8:00 AM- 8:10 AM	Invocation/Recapitulation	DOH Facilitators and PARTICIPANTS
8:10 AM- 8:35 AM	POST TEST	DOH Facilitators and PARTICIPANTS
8:35 AM- 9:35 AM	Updates on BLS Guidelines REVIEW and practice session per group	Ms. Aubrey C. Avero, RN Nurse II/ CHD4A RDRRM-H
9:35 AM- 9:45 AM	BREAK	
9:45 AM- 12:00 NN	RETURN DEMONSTRATION: <ul style="list-style-type: none"> FBAO AND RB <ul style="list-style-type: none"> - Adult - Infant OHCA for: <ul style="list-style-type: none"> - Adult - Infant Automated External Defibrillator, Recovery Position and DCAPBTLS <ul style="list-style-type: none"> - Adult - Infant *WORKING BREAK	DOH Facilitators PARTICIPANTS
12:00 NN- 1:00 PM	LUNCH	
1:00 PM- 4:00 PM	Continuation of Return Demonstration *WORKING BREAK	DOH Facilitators and PARTICIPANTS
4:00 PM- 5:00 PM	Closing Program Impressions Evaluation	DOH Facilitators and PARTICIPANTS